

4/1/20

Dear Students, Families, and Friends,

The activities on the next several pages were created for you to sharpen your skills, challenge yourself, and explore learning. These are not meant to replace classroom learning and parents are not being asked to replace teachers. If at any time, you are confused about an activity, need some extra support, or maybe just need to talk with someone, our teachers and staff are here for you.

- All teachers keep regular office hours from 9am until noon each school day.
- All teachers and staff can be contacted by email (firstname.lastname@fsd145.org).
- Some teachers also use Remind, Schoology, or Google Classroom to send and receive messages.

For the most current information about our emergency closure and remote learning plans, please visit our website (<https://www.fsd145.org/emergency>) for regular updates. You will always find information sorted by date, so it should be easy to follow the most recent updates.

Take care and stay safe. We'll see you soon,

From all of us here at Freeport School District



Remote Learning Day Student Activities:

[April 1st](#)

[April 2nd](#)

[April 3rd](#)

[April 6th](#)

[April 7th](#)

[April 8th](#)

At Home Activities for Students

3rd Grade -- April 1st

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge (any subject)
Activity 1 and Instructions	<p><u>Greater Than, Less Than, Equal to</u> On a piece of paper, draw three column notes with one symbol (greater than >, less than <, and = sign) at the top of each column. Find various objects around your house (ex: Legos, shoes, rocks, leaves, balls, cars, etc.) Group them together by object and count how many you have of each. Place a symbol between different groups that accurately shows the comparison.</p> <p>Write down your answers in the appropriate column of your three column notes. Make sure you label the numbers with what object it represents so you remember what groups you compared. See how many comparisons you can make. Example: "2 spoons is less than 4 forks" would be placed in the < column</p>	<p><u>Be A Word Detective</u> Students will search for words in books, newspapers, food labels, magazines, etc. that have a suffix. A suffix is added at the end of a word to change the meaning.</p> <p>Then on a piece of paper, record your words in two column note form. Label one column Vowel Suffixes and the other Consonant Suffixes.</p> <p>Find and list as many words as you can.</p>	<p><u>Build a Chain Reaction</u> Build your own chain reaction! You can use any of the following items: a domino, a small rubber ball, a fridge magnet, an index card, a toilet paper roll, a paperclip, a popsicle stick, a spoon, a washer, a rubber band, clothespin, and assorted small toys.</p> <p>You could start by cutting a toilet paper roll in half then placing it on a folded index card, making a sloped ramp, down which something could roll.</p> <p>First create a simple chain reaction, with only four or five forces. Then draw your chain reaction and record notes about each force. Example notes could include: push, pull, touching force, gravity, and magnetic force.</p>	<p><u>Design a Chain Reaction</u> Design a more complicated chain reaction with a specific purpose, like the ones in the movies <i>Chitty Chitty Bang Bang</i> https://www.youtube.com/watch?v=Qc9h6FC6QqU and <i>Wallace and Gromit</i> https://www.youtube.com/watch?v=Xc5eqwzEqUo). Draw your ideas.</p>
Activity 2 and Instructions	<p><u>Arrays</u> Make 5 different arrays out of items found around the home (ex. coins, buttons, candies, eggs, jelly beans, etc.) Draw a picture of your arrays. Be sure to write 4 equations for each array, 2 addition and 2 multiplication.</p>	<p><u>Reading</u> Read any type of nonfiction text. Examples include: reference, literary nonfiction or a biography book, newspaper article, or an article from the internet. After reading your nonfiction text, generate a list of facts about your text.</p>		

Parent Signature: _____

At Home Activities for Students

3rd Grade -- April 1st (SEL)

The columns below offer choices for student activities.


	SEL Activity Day 1	Activity Expansion (videos/digital links)
Activity Title:	Identifying Emotions	Below you will find websites/video links to support the activity. Use if you have internet access/data.
Objective:	Students will begin a journal that helps to identify and reflect emotions.	Links: Watch: The Way I Feel
Materials:	Paper and pencil	https://www.youtube.com/watch?v=ITPUxVQ6UIk
Activities and Instructions:	<p>Keep a journal today. Jot down anything that makes you feel an emotion. Start labeling them using words like "pleasant," "happy," "irritated," or "angry."</p> <p>Encourage your child to journal about feelings outside of the SEL activity</p> <p>The student creates a journal entry identifying and/or reflecting emotion. Read a journal entry with your child, check and see if your child has correctly identified emotions.</p>	<p>**Have your child name different emotions they see/hear in the video. Ask them how they would handle that emotion.</p>

Parent Signature: _____

At Home Activities for Students

3rd Grade -- April 1st (Electives)

The columns below offer choices for student activities.

	Art	Music	PE
ActivityTitle:	Found Object Sculpture	April 1-8 Musical Choices	Movement Challenge
Materials:	Objects found around the house, pencil and paper	Pencil and paper	none
Activity and Instructions:	<ol style="list-style-type: none"> 1. Using materials found around your house to create a sculpture. <ol style="list-style-type: none"> a. Remember a sculpture is something that takes up space 2. Draw a picture of what you created using a pencil and paper. 3. If you are able and would like to color in your picture. 4. Challenge: Label what the items are that you used. 	<p><u>Option 1:</u> Play your own version of “The Voice” or “American Idol” You can sing to your family and they can give positive feedback or let them perform for you and you give positive feedback.</p> <p><u>Option 2:</u> Practice drawing your lines and space notes on a treble clef staff. Draw 5 lines like this...</p>  <p>Make up your own acronym for the line notes like Every Good Boy Does Fine.</p> <p><u>Option 3:</u> Create an instrument using household items. Play along to your favorite song with either a steady beat or simple rhythm. (pots and pans, spoons, or anything of the sort.)</p> <p>If you have electronic access, you’ll enjoy experimenting on these links: https://musiclab.chromeexperiments.com/ https://www.classicsforkids.com/games.html</p>	<p>Can you stay moving for 25 minutes?</p> <p>Things you can do...walk, run, jog, jumping jacks, pushups, situps, pick up room, tag games, play any other games we’ve learned in class.</p> <p>Things you can’t do...sit still, lay down, sleep.</p> <p>Are you up for the challenge? This activity can be done outside if the weather is nice.</p>

Parent Signature: _____

At Home Activities for Students

3rd Grade -- April 2nd

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge (any subject)
Activity 1 and Instructions	<p>The student will copy the definition of the shape on one side of the card. Then write the name of the shape on the other side. Identify how many sides the shape has and put that answer on the definition side.</p> <p>Definitions: Square- A quadrilateral that has all right angles and all sides equal. Rectangle- A quadrilateral that has all right angles and opposite sides are equal. Parallelogram- A quadrilateral that has 2 sets of parallel sides. Rhombus- A quadrilateral that has 2 sets of parallel sides and 4 equal sides. Trapezoid: A quadrilateral that has 1 set of parallel sides.</p>	<p>Have your student read a short picture book. After your student is done reading, have them write an opinion letter to a friend. Their letter should explain to their friend why they should or should not read the book. Students should work to support their opinion with details from the text. Be sure that the letter includes a proper greeting and closure. Additionally, have students edit their work for correct capitalization and punctuation.</p>	<p>Thermometer Creating: Materials you will need: a plastic bottle, water, rubbing alcohol, food coloring, a clear straw and play-doh. 1) Fill a bottle to a quarter with water and rubbing alcohol. 2) Add food coloring to the water. 3) Place straw in the bottle. (Do not touch the bottom of the bottle with the straw) 4) Use play-doh to seal the top and keep the straw in place. To Test: Place the bottle in a pot of hot water. Write about what you observe from this experiment?</p>	<p>Identify one other part of a circle. You may use online resources. Label it on your circle in purple and create a definition of it on a separate piece of paper.</p> <p>Write a story about what you are doing this week. Be sure to add your five sensory details and how you are feeling. Have students edit their work for correct capitalization and punctuation</p>
Activity 2 and Instructions	<p>Have your student take a piece of the white paper and cut the corners to make the paper a circle. Then read through the parts of circles and definitions and label your circle.</p> <p>Definitions: Center (Red)- A dot in the middle of the circle. Circumference (Blue)- Distance around the circle. Radius (Yellow)- A straight line segment with endpoints on the center and the circumference. Diameter (Green)- Straight line passing through the center of the circle and both of the endpoints lie on the circumference.</p>	<p>Guess Which One Students will write a sentence for both words in the set. Students can read their sentences to a family member and the family member can guess which spelling of the word is used.</p> <p>know/no meet/meat plain/plane bye/by/buy flower/flour</p>	<p>Have your student answer the question below: What is the name of the country you live in? What state do you live in? What county do you live in? What city do you live in? What school do you attend? What street do you live on? List the community helpers in your city. Use this link to help you identify community helpers: https://cityoffreeport.org/</p>	

Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.

Parent Signature: _____

At Home Activities for Students

3rd Grade -- April 2nd (SEL)

The columns below offer choices for student activities.

	SEL Activity Day 2	Activity Expansion (videos/digital links)
Activity Title:	Being Grateful for Big and Little Things	Below you will find websites/video links to support the activity. Use if you have internet access/data.
Objective:	Students will be able to understand why and how they can be thankful for big things and little things in their lives.	Watch the story: <u>The Giving Tree</u> by Shel Silverstein https://www.youtube.com/watch?v=XFQZfeHq9wo
Materials:	Crayons, paper and pencil	**Have your child tell you what big and little things the boy and the tree were grateful for.
Activities and Instructions:	<p>1. Ask: What is something big you're grateful for? Why?</p> <p>Give examples and write responses on a sheet of paper. Keep them as a reminder. Examples of big things can be: Your family, Your friends, Your home</p> <p>2. Ask: What is something little you're grateful for? Why?</p> <p>Give examples and write responses on a sheet of paper. Keep them as a reminder. Examples of little things can be: Cuddles from your dog or cat, When your parents or teachers surprise you with something that makes you happy</p> <p>3. Draw/color a picture of a big and little thing you're grateful for</p> <p>To check for understanding, have your child tell you one small and big thing they are grateful for. Do they match?</p>	





Parent Signature: _____

At Home Activities for Students

3rd Grade -- April 2nd (Electives)

The columns below offer choices for student activities.

	Art	Music	PE
Activity Title:	Nature Sculptures or Designs	April 1-8 Music Options	Dance Dance
Materials:	Natural objects--twigs, leaves, rocks, etc.	Paper, pencil, and household items	A music source.
Activities and Instructions:	<p>Go on a nature walk or hunt in your area. Gather natural materials--twigs, leaves, flower petals, whatever you find that is okay to take.</p> <p>Option 1: Create an interesting design through creating patterns of different patterns of different colors, shapes, textures, etc. If you are able, look up the art of Andy Goldsworthy to see how this artist uses natural materials in his art.</p> <p>Option 2: Create a sculpture (art that is not flat) with the materials that you found on your nature hunt.</p> <p>If you are able, take a photo and email it to your art teacher!</p> 	<p><u>Option 1:</u> Play your own version of "The Voice" or "American Idol" You can sing to your family and they can give positive feedback or let them perform for you and you give positive feedback.</p> <p><u>Option 2:</u> Practice drawing your lines and space notes on a treble clef staff. Draw 5 lines like this...</p>  <p>Make up your own acronym for the line notes like Every Good Boy Does Fine.</p> <p><u>Option 3:</u> Create an instrument using household items. Play along to your favorite song with either a steady beat or simple rhythm. (pots and pans, spoons, or anything of the sort.)</p> <p>If you have electronic access, you'll enjoy experimenting on these links: https://musiclab.chromeexperiments.com/ https://www.classicsforkids.com/games.html</p>	<p>Have your student choose one song that they enjoy. Then give them 30 seconds of the song. Have your student create a short 30 second dance to this song.</p> <p>Have your student write out the steps to their 30 second dance.</p> <p>Have your student perform their 30 second dance to an adult.</p>

Parent Signature: _____

At Home Activities for Students

3rd Grade -- April 3rd

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge (any subject)
Activity 1 and Instructions	<p>Materials: Notebook paper/printer paper</p> <p>Student will fold or draw lines in the paper to create equal sections to represent:</p> <ul style="list-style-type: none"> ● $\frac{1}{4}$, $\frac{2}{4}$, $\frac{3}{4}$, $\frac{4}{4}$ ● $\frac{1}{3}$, $\frac{2}{3}$, $\frac{3}{3}$ ● $\frac{1}{6}$ thru $\frac{6}{6}$ ● $\frac{1}{8}$ thru $\frac{8}{8}$ <p>Label each section with the correct fraction.</p>	<p>Write a fiction story. Have someone check for spelling errors and use correct punctuation.</p> <p>Your story needs to include a beginning, middle (problem), end (solve the problem).</p> <p>Draw pictures that will match the text in your story.</p>	<p>Social Studies: Economics</p> <p>Materials: paper and pencil</p> <p>Why might a person earn, save or spend money?</p> <p>Hold your paper horizontally and section it into thirds. Put the headings Earn, Save, and Spend. Use examples to list situations when a person, earned money, saved money, and spent money</p> <p>Flip over the paper to then make a personal connection to each heading. Explain something you have earned money for, saved money for or spent money on. If you haven't done any of these things. Write it in future tense and explain times when you would like to earn, spend or save money.</p>	<p>Weather</p> <p>Materials: paper and pencil</p> <p>Observe the weather for one week (you can use previous days) to notice any patterns.</p> <p>With the data collected, make a graph.</p> <p>Ideas:</p> <ul style="list-style-type: none"> - Make a line graph comparing temperatures - Make a bar graph recording the amount of days that were sunny, cloudy, etc. <p>Make sure to include a title and proper labels for the graph.</p>
Activity 2 and Instructions	<p>Write your own story problem using fractions. Make sure you label your answer with the correct unit.</p>	<p>Write a journal entry about your day yesterday. Read it to someone. If you don't want to write about your day, interview someone about their day and write about it.</p>		

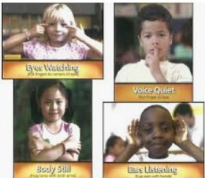
Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.

Parent Signature: _____

At Home Activities for Students

3rd Grade -- April 3rd (SEL)

The columns below offer choices for student activities.

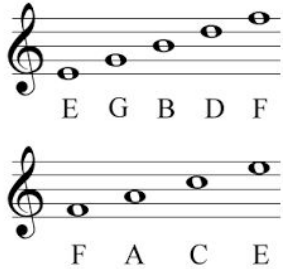
	SEL Activity Day 3	Activity Expansion (videos/digital links)
Activity Title:	Skills for Learning	Below you will find websites/video links to support the activity. Use if you have internet access/data.
Objective:	Students will be able to use their Listening Skill to practice focusing their attention.	Watch the story: <u>The Listening Walk</u> by: Paul Showers
Materials:	Paper and pencil	https://www.youtube.com/watch?v=BLs4r8IHUSg
Activities and Instructions: 	<p>1. Using Skills for Learning helps you be a better learner.</p> <p>-Eyes are watching -Ears are listening -Voices Quiet -Body Calm/Still</p> <p>2. When you've focused your attention, you're ready to listen and learn.</p> <p>3. Together, choose a room in your house where you will hear a lot of different sounds, from both inside and outside.</p> <p>4. Adult and child, prepare to focus your attention and listen to the sounds in the environment for one minute. Begin!</p> <p>5. When the minute is up, fold a paper in half and take turns writing down all the sounds you heard and remembered</p> <p>6. Compare your lists. Are many of the sounds the same or different?</p> <p>7. Discuss what helped you focus your attention, listen, and remember what you heard</p> <p>To check for understanding, have your child retell/recall the 4 skills for learning.</p>	<p>**Go on an actual listening walk with your child. Once home, have your child write or draw what they heard on the walk.</p>

Parent Signature: _____

At Home Activities for Students

3rd Grade -- April 3rd (Electives)

The columns below offer choices for student activities.

	Art	Music	PE
ActivityTitle:	Sketching	April 1-8 Music Options	Dance Dance
Materials:	Paper, pencil or pen, Free online sketch pad https://sketch.io/sketchpad/	Paper, pencil, and household items	A music source.
Activity and Instructions:	<p>Draw things you find in your home or out your window. Draw a family member or Nature outside. Draw your favorite animal or make a new animal on your own.</p> <p>*The online sketching is for you to use if you have internet access. It is fun to play on with the different settings. But of course you can use paper and pencil if you prefer.</p>	<p><u>Option 1:</u> Play your own version of “The Voice” or “American Idol” You can sing to your family and they can give positive feedback or let them perform for you and you give positive feedback.</p> <p><u>Option 2:</u> Practice drawing your lines and space notes on a treble clef staff. Draw 5 lines like this...</p>  <p>Make up your own acronym for the line notes like Every Good Boy Does Fine.</p> <p><u>Option 3:</u> Create an instrument using household items. Play along to your favorite song with either a steady beat or simple rhythm. (pots and pans, spoons, or anything of the sort.)</p> <p>If you have electronic access, you’ll enjoy experimenting on these links: https://musiclab.chromeexperiments.com/ https://www.classicsforkids.com/games.html</p>	<p>Have your student choose one song that they enjoy. Then give them 30 seconds of the song. Have your student create a short 30 second dance to this song.</p> <p>Have your student write out the steps to their 30 second dance.</p> <p>Have your student perform their 30 second dance to an adult.</p>

Parent Signature: _____

At Home Activities for Students

3rd Grade -- April 6th

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge (any subject)
Activity 1 and Instructions	Materials: paper & pencil On a piece of paper, draw arrays for the following multiplication problems and solve. <ul style="list-style-type: none">• 4 x 8• 9 x 6• 7 x 6• 6 x 8	Set a timer for 20 minutes and read. Write down the main idea (the most important thing) of what you just read. Read your main idea to an adult or older sibling. Does it tell them the most important thing you read about?	Get a paper or notebook, go outside and do a nature walk around your yard. Find a plant that is sprouting and draw a picture of the plant.	Prediction picture: draw a picture of what you think is going to happen next in a book you are reading.
Activity 2 and Instructions	Materials: Notebook & pencil Solve these multiplication problems by drawing them on a number line on a piece of paper: <ul style="list-style-type: none">• 4 x 8• 9 x 6• 7 x 6• 6 x 8	Write a fiction story with a clear beginning, middle, and end. Read your story to someone at home.	Go outside with a bag and gloves and pick up the trash in your yard.	Write a different ending to your favorite book.



Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.

Parent Signature: _____

At Home Activities for Students

3rd Grade -- April 6th (SEL)

The columns below offer choices for student activities.


	SEL Activity Day 4	Activity Expansion (videos/digital links)															
Activity Title:	Empathy	Below you will find websites/video links to support the activity. Use if you have internet access/data.															
Objective:	Students will be able to demonstrate empathy by showing compassion for others.	Watch the story/video: <u>Last Stop on Market Street</u> by: Matt De La Pena https://www.youtube.com/watch?v=H0Tr66OrEWA															
Materials:	Paper and Pencil	**Recreate this image on a sheet of paper (any kind). Have your child fill out.															
Activities and Instructions:	 <ol style="list-style-type: none"> 1. Review that compassion is showing concern or care for others. 2. Ask, What are ways you have shown compassion to others at school? 3. Acknowledge and praise your child demonstrating compassion for others.. 4. Give an example of how you have shown compassion at home. 5. Ask your child how he/she could show empathy at home. 6. Options: <ol style="list-style-type: none"> a. This could be just a discussion b. As your child shows compassion he/she could trace their hand and write how they showed compassion inside the hand c. As your child uses kind words he/she could draw a speech bubble and write the kind words inside the speech bubble. 7. Display their acts of compassion. <p>To check for understanding, watch for your child to show acts of compassion.</p>	 <p style="text-align: center;">Name _____</p> <p style="text-align: center;">CHARACTERS' RESPONSE TO CHALLENGES</p> <p style="text-align: center;">Directions: Fill in the graphic organizer to tell about challenges CJ faces, what he is worried about, and what Nana says to calm his fears.</p> <table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <thead> <tr> <th style="width: 33%;">Challenge</th> <th style="width: 33%;">CJ's Worry</th> <th style="width: 33%;">Nana's Answer</th> </tr> </thead> <tbody> <tr> <td style="text-align: left;">They have to wait outside in the rain.</td> <td></td> <td></td> </tr> <tr> <td></td> <td style="text-align: left;">Why don't we have a car? All my friends have cars.</td> <td></td> </tr> <tr> <td></td> <td></td> <td style="text-align: left;">I feel sorry for those boys. They have never gotten to meet the people on the bus.</td> </tr> <tr> <td style="text-align: left;">They get out at their spot on market street.</td> <td></td> <td></td> </tr> </tbody> </table> <p style="text-align: center; font-size: small;">©Cassidy Kramberg</p>	Challenge	CJ's Worry	Nana's Answer	They have to wait outside in the rain.				Why don't we have a car? All my friends have cars.				I feel sorry for those boys. They have never gotten to meet the people on the bus.	They get out at their spot on market street.		
Challenge	CJ's Worry	Nana's Answer															
They have to wait outside in the rain.																	
	Why don't we have a car? All my friends have cars.																
		I feel sorry for those boys. They have never gotten to meet the people on the bus.															
They get out at their spot on market street.																	
		Play the empathy game via youtube: Empathy Game															

Parent Signature: _____

At Home Activities for Students

3rd Grade -- April 6th (Electives)

The columns below offer choices for student activities.

	Art	Music	PE
ActivityTitle:	Sketching	April 1-8 Music Options	Trick Shot
Materials:	Paper, pencil or pen, Free online sketch pad https://sketch.io/sketchpad/	Paper, pencil, and household items	1 cup and 1 ball that fits in the cup
Activity and Instructions:	<p>Draw things you find in your home or out your window. Draw a family member or Nature outside. Draw your favorite animal or make a new animal on your own.</p> <p>*The online sketching is for you to use if you have internet access. It is fun to play on with the different settings. But of course you can use paper and pencil if you prefer.</p>	<p><u>Option 1:</u> Play your own version of “The Voice” or “American Idol” You can sing to your family and they can give positive feedback or let them perform for you and you give positive feedback.</p> <p><u>Option 2:</u> Practice drawing your lines and space notes on a treble clef staff. Draw 5 lines like this...</p>  <p>Make up your own acronym for the line notes like Every Good Boy Does Fine.</p> <p><u>Option 3:</u> Create an instrument using household items. Play along to your favorite song with either a steady beat or simple rhythm. (pots and pans, spoons, or anything of the sort.)</p> <p>If you have electronic access, you’ll enjoy experimenting on these links: https://musiclab.chromeexperiments.com/ https://www.classicsforkids.com/games.html</p>	<p>Try to create and make a challenging trick shot by bouncing the ball off of walls, steps, or other objects. Points will be awarded for the number of times the ball bounces and the distance from the cup.</p> <p>Points</p> <p>Distance: 1 point for each heel to toe step away from the cup</p> <p>Bounces: 2 points for every bounce the ball takes before landing in the cup</p> <p>Points only count if the ball lands in the cup.</p> <p>See how many points you can get into one shot or challenge a family member!</p>

Parent Signature: _____

At Home Activities for Students

3rd Grade -- April 7th

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge (any subject)
Activity 1 and Instructions	<p>Multiplication fact hunt</p> <p>Write down the following multiplication facts on paper and tape them to a wall or place them on the floor. (5x5, 7x7, 3x6, 10x6, 3x4,6x8, 9x5, 9x9, 12x4, 2x7, 3x3, 6x4, 1x9, 10x4, 9x3,6x9, 3x12, 2x1, 4x7,9x2) Using a flashlight, soft ball or nerf gun ask your child to find the answer to the multiplication fact.</p>	<p>Write step by step directions for making a Peanut Butter and Jelly sandwich. Read them aloud to a sibling or parent. Have them follow the directions to see if they make sense. Re-write any steps that do not make sense.</p>	<p>Germ Activity</p> <p>Talk with your family or watch Mystery Doug video on You Tube....What are Some Tips to Help Fight Germs. Then do the experiment below. https://www.youtube.com/watch?v=H2Qj0Nd4RIU</p> <p>Take 2 pieces of bread and 2 plastic baggies. Rub the bread over your unwashed hands and place the baggie, ziplock shut. Wash your hands with soap and water and place one piece of bread in the second baggie. Place in a window and observe the changes you see in each. Keep a daily log of your observations.</p>	<p>Option 1: Build something useful that solves a community problem in your household using household supplies or recyclables</p> <p>Online option: Go to rock and learn videos on youtube and learn words in spanish, french, italian or german.</p>
Activity 2 and Instructions	<p>Take two dice (or pick numbers) and roll 2- 2 or 3 digit numbers (ex: 45, 32,28, 213) Add and subtract them on a piece of paper. Repeat this 8 times. Have students explain how they got their answer/strategy</p>	<p>Write a friendly letter to a classmate talking about what you have been doing over the past two weeks at home and your opinions about the coronavirus pandemic. Remember your date, greeting, indenting body of letter and closing signature.</p>	<p>Option 2: Think about a piece of playground equipment that you play on at recess. Does it involve a push or a pull. Draw a detailed diagram of the direction of the pushes or pulls.</p>	<p>Share the words you learned with your family by making a poster.</p>

Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.

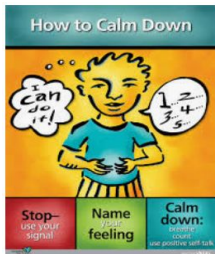
Parent Signature: _____

At Home Activities for Students

3rd Grade -- April 7th (SEL)

The columns below offer choices for student activities.

	SEL Activity Day 5	Activity Expansion (videos/digital links)
Activity Title:	Emotional Management	Below you will find websites/video links to support the activity. Use if you have internet access/data.
Objective:	Students will be able to practice strategies that will help them to calm down when they feel strong emotions.	Watch the video/song/dance: The Calm it Down Dance:
Materials:	None needed	https://www.youtube.com/watch?v=P8TliPQNfsc
Activities and Instructions:	<p>1. Review the steps that you can use to help you calm down when you feel strong feelings.</p> <ol style="list-style-type: none"> 1. Stop—use your signal 2. Name your feeling 3. Calm down: <ul style="list-style-type: none"> • Breathe • Count • Use positive self-talk <p>2. Read “How to Belly Breathe”</p> <p>How to Belly Breathe</p> <ul style="list-style-type: none"> • Focus your attention on your breathing. • Take a breath that makes your tummy move out when you breathe in, and in when you breathe out. • Breathe in slowly through your nose and out slowly through your mouth. It should be so quiet that you can hardly hear it. <p>3. Practice together.</p> <p>4. Pick a feeling from the list below: Annoyed, Frustrated, Worried, Discouraged, Scared</p> <p>5. Think of a time you felt that feeling in a strong way.</p> <p>6. Say a stop signal and name the feeling. (For example: “Chill! I feel worried.”)</p> <p>7. Do some belly breathing to calm down then try another feeling.</p> <p>To check for understanding, look for your child to use the calm down technique when experiencing strong feelings.</p>	<p>**Role-play with your child on different emotions and remind them what strategies to use (reinforce).</p>




Parent Signature: _____

At Home Activities for Students

3rd Grade -- April 7th (Electives)

The columns below offer choices for student activities.

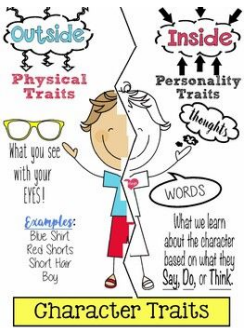
	Art	Music	PE
ActivityTitle:	Still Life Drawing	April 1-8 Music Options	Movement Challenge
Materials:	Pencil, found objects, paper	Paper, pencil, and household items	none
Activity and Instructions:	<ol style="list-style-type: none"> 1. Find 5 items you would like to draw. 2. Draw the items individually on the page. (Challenge: group the items together and draw) 3. Add the details 4. Challenge: look to see where the shadows are and try to show the shadows on your page. 	<p><u>Option 1:</u> Play your own version of “The Voice” or “American Idol” You can sing to your family and they can give positive feedback or let them perform for you and you give positive feedback.</p> <p><u>Option 2:</u> Practice drawing your lines and space notes on a treble clef staff. Draw 5 lines like this...</p>  <p>Make up your own acronym for the line notes like Every Good Boy Does Fine.</p> <p><u>Option 3:</u> Create an instrument using household items. Play along to your favorite song with either a steady beat or simple rhythm. (pots and pans, spoons, or anything of the sort.)</p> <p>If you have electronic access, you'll enjoy experimenting on these links: https://musiclab.chromeexperiments.com/ https://www.classicsforkids.com/games.html</p>	<p>Can you stay moving for 25 minutes?</p> <p>Things you can do...walk, run, jog, jumping jacks, pushups, situps, pick up room, tag games, play any other games we've learned in class.</p> <p>Things you can't do...sit still, lay down, sleep.</p> <p>Are you up for the challenge? This activity can be done outside if the weather is nice.</p>

Parent Signature: _____

At Home Activities for Students

3rd Grade -- April 8th

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge (any subject)
Activity 1 and Instructions	<p>Find 30 different items in your home. Determine if you would measure the item using mass, volume, or length.</p> <p>Once you have determined the type of measure, what specific measurement could you use.</p> <p style="padding-left: 40px;">-Example: grams, kilograms, centimeters, meters, liters, milliliters, kiloliters</p>	<ol style="list-style-type: none"> 1. Read a book for 20-30 minutes 2. Write a 5 sentence summary of the book using the following signal words to summarize. <ul style="list-style-type: none"> -Who -What -Where -Why -How 3. Read your completed summary to an adult. 	<p>OUTDOOR ALPHABET Scavenger Hunt</p> <p>A _____ B _____ C _____ D _____ E _____ F _____ G _____ H _____ I _____ J _____ K _____ L _____ M _____ N _____ O _____ P _____ Q _____ R _____ S _____ T _____ U _____ V _____ W _____ X _____ Y _____ Z _____</p> <p>Find things outside that begin with each letter. These items can be found in nature or in your community.</p>	<p>Apple Science: SINK or FLOAT</p> <p>Using one apple, hypothesize or guess, if the apple is placed in water will sink or float. Try it.</p> <p>With help, cut the apple in half. Hypothesize if the half an apple will float or sink. Try it</p> <p>Take out all the seeds. Hypothesize if they will sink or float. Try it.</p> <p>Have your apple for a snack.</p>
Activity 2 and Instructions	<p>Reconstructing Recipes:</p> <p>Find a recipe in an old recipe book around your house (on a cake box in your cabinet, or go online and find one there! Then, using what you know about fractions, figure out how much of each ingredient you would need to double the recipe.</p> <p>If you're really up for a challenge, ask for a parent's or older sibling's help to figure out how much of each ingredient you would need to serve that recipe to exactly 20 people (hint: it will depend on how many people the original recipe serves)!</p>	<ol style="list-style-type: none"> 1. Create a character sketch poster about a character that is in a book you have read. 2. List character traits around the character that describes who your character is. <p>Example:</p> 		

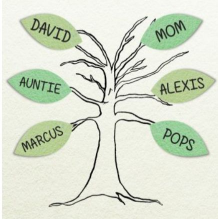
Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.

Parent Signature: _____

At Home Activities for Students

3rd Grade -- April 8th (SEL)

The columns below offer choices for student activities.



	SEL Activity Day 6	Activity Expansion (videos/digital links)
Activity Title:	Who is Safe to Ask for Help	Below you will find websites/video links to support the activity. Use if you have internet access/data.
Objective:	Students will be able to identify who's a safe person to go to in a time of need.	Watch the following story: Once Upon a Dragon: Stranger Safety for Kids (and Dragons)
Materials:	Paper and pencil (glue optional)	https://www.youtube.com/watch?v=DeQhXMYybpg
Activities and Instructions: 	<ol style="list-style-type: none"> 1. Sketch out a leafless tree. Cut out leaves. 2. Give examples of scenarios that may be unsafe and that should be reported to a trusted adult. These can be: <ul style="list-style-type: none"> – A stranger with a cute puppy calling you over – Someone touching your body in a way that makes you uncomfortable – A friend asking you to come over without permission 3. Then, discuss with your child who they might be able to talk to. 4. Have children list the names of adults they can go to for help on the leaves 5. Glue the names to the branches of their trees. <p>To check for understanding, have your child identify several safe adults they can go to in time of need.</p>	<p>**You and your child come up with a plan if a stranger were ever to approach you. What would you do? Say? Act?</p>

Parent Signature: _____

At Home Activities for Students

3rd Grade -- April 8th (Electives)

The columns below offer choices for student activities.

	Art	Music	PE
ActivityTitle:	Weave Silk	April 1-8 Music Options	Daily Workout
Materials:	http://weavesilk.com/ Use on computer or phone	Paper, pencil, and household items	Youtube access
Activity and Instructions: 	<p>Use weave silk to explore different types of symmetry (when something is the same on both halves). Set a timer for at least 15 minutes and explore using weave silk with different colors and settings. You can save designs using the camera button at the top of the page</p>	<p><u>Option 1:</u> Play your own version of “The Voice” or “American Idol” You can sing to your family and they can give positive feedback or let them perform for you and you give positive feedback.</p> <p><u>Option 2:</u> Practice drawing your lines and space notes on a treble clef staff. Draw 5 lines like this...</p>  <p>Make up your own acronym for the line notes like Every Good Boy Does Fine.</p> <p><u>Option 3:</u> Create an instrument using household items. Play along to your favorite song with either a steady beat or simple rhythm. (pots and pans, spoons, or anything of the sort.)</p> <p>If you have electronic access, you’ll enjoy experimenting on these links: https://musiclab.chromeexperiments.com/ https://www.classicsforkids.com/games.html</p>	<p>Complete short workout 2-3 times a day.</p> <p>https://youtu.be/L_A_HjHZxfI</p>

Parent Signature: _____